The NDIS in 8 steps

The National Disability Insurance Scheme (NDIS) has opened up a new and exciting world of possibilities. To get the most out of the opportunity, just follow this step-by- step guide.

1 Lay the groundwork.

- Check your eligibility at **www.ndis.gov.au.**
- Read up on the topic and start preparing early.
- Kick off pre-planning with us so you know exactly what you want to get out of the NDIS.

2 Start the conversation with the NDIS.

- When the NDIS calls you for the first time, speak up if something's not clear.
- Always ask to meet your NDIS planner face-to- face.
- Note down appointment details and contact names.

3 Get the most out of your NDIS meeting.

- Communicate your goals and needs clearly at your first meeting.
- Bring all your supporting documents. Write down questions in advance.
- Take someone to support you and write notes.

4 Double-check your plan.

- When you receive your NDIS plan, read through it carefully.
- Tell the NDIS if something is incorrect or missing.
- Tell us and other service providers that you've received your plan.

5 Find a trusted provider.

- If you need multiple services, ask a provider you trust to be your Support Coordinator.
- Research your options and providers thoroughly before you commit.

6 Finalise your service delivery team.

- Set up Service Agreements with your providers.
- Be clear about what you want to achieve and how you'd like your services to be delivered.
- Double check your Service Agreements before you sign.

7 Track your progress.

- Once your plan is in action, track your supports in a diary or digital calendar.
- Tell the NDIS if you're unhappy with anything or if your circumstances change.

8 Reflect & adjust.

- At your annual review, consider whether your current goals have been met.
- Note down new goals for the future.
- Make a list of any changes to your needs and personal circumstances.

Want to know more about how we can support you? Talk to us today

1300 77 80 81 or visit **unitingcareqld.com.au**

UnitingCare

Your guide to the NDIS in
8 simple steps

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