# **Discovery Coast Youth Support Service**

### What we do

The Discovery Coast Youth Support Service provides a wide range of services to young people when they need it most.

We can support you to connect with family and community, and to engage in education, training and employment options, maintain safe housing and build skills to maintain your own wellbeing.

## Who we support

We support young people who live in the Discovery Coast area, aged 12 to 18 years who might be feeling like the following things are getting them down:

- Family and friends don't really understand me
- School doesn't feel like the right place for me
- I self-harm, or think about harming myself
- I am homeless and feel like I have nowhere to go.

### Access to our service

We can come to where you are and where you feel comfortable to have a chat.

Our services are available through outreach, office based, telephone or online.

## How we support you

- We can support you if you are having issues at home or school as well as referrals to other services that can help you.
- We can help you if you need assistance with education or training pathways and different enrolment options.
- We can provide information about support services that are available in the local area and connect you with these services. These services could include counselling services, employment agencies, community health services and more.
- We can support you if you are unable to maintain stable housing or are homeless.

#### Contact details

Youth Support Worker
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